

**Gardening Volunteer
Cardiff
Role Description**

Role Title Women's Centre Gardening Volunteer - Female
Location Cardiff
Hours 1 day a week, flexible hours

The Nelson Trust **Cardiff** Women's Centre supports women in the community who are facing multiple disadvantage. The Women's Centre offers a safe, trauma-informed space for women to come in and access 1-1 support, group interventions, and a 'one-stop-shop'. At the Centre, we have a small courtyard space that we would like to transform into a welcoming, flourishing garden area for hosting keyworking sessions, events and activities, and weekly Gardening Club throughout the Spring and Summer months.

Are you passionate about supporting women in a holistic, gender responsive, trauma-informed way to achieve long lasting change?

Are you flexible, reliable, and able to take initiative?

We are looking for an experienced Gardening Volunteer to support our **Cardiff** Team and women, to **create and maintain** a relaxing and inviting garden space. You will need to have a **good understanding of and ability to manage the garden**, and support keyworkers and clients in growing and caring for what is planted there.

Key Activities:

- Working with the Women's Centre Team and clients to **create a garden space** in the courtyard that is equipped with tools and resources to grow plants, fruits and vegetables.
- Help to prepare the garden space for events and activities, keeping it clean and tidy, and presentable.
- Attend the Centre each week to **spend time maintaining the garden** and supporting women accessing the Centre to join in where appropriate.
- Supporting the **Spring and Summer Gardening Club sessions** alongside a keyworker, to teach women gardening and growing skills.

Time Commitment:

- **This role is flexible** and open to times changing according to **seasonal/weather changes**. However, we would like someone to be present at least **once a week**, for **around 2 hours**. **Hours can be discussed at interview**.

Relevant experience, skills and qualities for this role:

- **Experience, knowledge and skills of gardening are essential for this role.**
- **Passionate** about gardening and growing.
- **Creativity** to plan a growing and planting schedule with suggestions from Gardening Club attendees.
- **Confident** in supporting to facilitate Gardening Club group and teaching people basic gardening skills.
- **Time management** and **organisational** skills.
- **Reliable** and **trustworthy**.
- **Motivated** and **approachable**.
- **Kind, empathetic** and **non-judgmental**.

Why volunteer with The Nelson Trust?

- **Make a real impact** by being part of a Women's Centre model that champions holistic, gender-responsive, and trauma-informed support.
- **Feel confident and equipped** with a thorough induction, relevant training, and continuous support and guidance.
- **Grow and thrive** through opportunities for personal development and access to further training that can support your future goals.

The Nelson Trust is committed to safeguarding; therefore, the successful applicant will be required to undergo an Enhanced DBS check and provide the names and contact details of two referees for references to be sought before commencing with The Trust. In addition, you will also need to undergo an Enhanced Level 1 Vetting application with HMPPS.

If you are looking for a rewarding opportunity to make a difference in your community, join us as a volunteer!

We recognise that volunteers from different backgrounds bring unique knowledge, perspectives and experiences and we are committed to increasing the diversity of our workforce and welcome applications from individuals across all sectors of society.

Due to the nature of the work carried out in our Women's Centres this role is restricted to female applicants only in accordance with the provisions of the occupational requirement (Equality Act 2010, pursuant to Schedule 9, Part 1).

If you have any questions or would like to hear more about this role, please contact Anna O'Hara (anna.ohara@nelsontrust.com) for more information.

If this role is for you we would love to hear from you, please fill out an application form and return to Anna (same email as above).