

**Experienced Hairdresser Volunteer
South Wales
Role Description**

Role Title	Hairdresser Volunteer - Female
Location	Cardiff, Newport, Swansea, Pontypridd (one or multiple)
Hours	3hrs per month for each Centre

The Nelson Trust's Women's Centres support women in the community who are facing multiple disadvantage. Our Women's Centres offer a safe, trauma-informed space for women to come in and access 1-1 support, group interventions, and a 'one-stop-shop'. Each week, we invite women in for both scheduled sessions and 'drop-ins', as well as regular events that focus on different therapeutic activities.

Are you passionate about supporting women in a holistic, gender responsive, trauma-informed way to achieve long lasting change?

Are you flexible, reliable, and able to take initiative?

We're seeking experienced hairdressers to volunteer once a month at our Women's Centres in Cardiff, Newport, Swansea and Pontypridd, providing haircuts for women accessing wellbeing services. Volunteers can support all centres or one local area, using their skills to make a meaningful difference. This flexible volunteer role would allow you to use your skills to support women who may not otherwise access hair treatments.

Key Activities:

- Setting up a 'hairdressing station' in the Women's Centre(s) once a month.
- Welcome clients warmly and help create a safe, non-judgemental space to receive hair treatments.
- Consult with each woman to understand her preferences, needs, and hair condition.
- Provide free hair services such as cutting, trimming, basic styling, and blow-drying.
- Work sensitively with women who may have experienced trauma and other adverse life experiences.
- Support clients to feel confident, dignified, and empowered through appearance care.

Time Commitment:

We are looking for someone who can either commit to attending all 4 centres within each month for 3 hours per centre; or multiple volunteers who can cover one or more of these shifts. This would be on an ongoing basis, but does not necessarily need to be the same day each month.

Relevant experience, skills and qualities for this role:

- Professional experience of being a hairdresser will be essential for this role.
- Access to your own tools to bring to sessions will also be required.
- Friendly and welcoming personality.
- Time management and organisational skills.
- Reliable and trustworthy.
- Motivated and approachable.
- Kind, empathetic and non-judgmental.

Why volunteer with The Nelson Trust?

- **Make a real impact** by being part of a Women's Centre model that champions holistic, gender-responsive, and trauma-informed support.
- **Feel confident and equipped** with a thorough induction, relevant training, and continuous support and guidance.
- **Grow and thrive** through opportunities for personal development and access to further training that can support your future goals.

The Nelson Trust is committed to safeguarding; therefore, the successful applicant will be required to undergo an Enhanced DBS check and provide the names and contact details of two referees for references to be sought before commencing with The Trust. In addition, you will also need to undergo an Enhanced Level 1 Vetting application with HMPPS.

If you are looking for a rewarding opportunity to make a difference in your community, join us as a volunteer!

We recognise that volunteers from different backgrounds bring unique knowledge, perspectives and experiences and we are committed to increasing the diversity of our workforce and welcome applications from individuals across all sectors of society.

Due to the nature of the work carried out in our Women's Centres this role is restricted to female applicants only in accordance with the provisions of the occupational requirement (Equality Act 2010, pursuant to Schedule 9, Part 1).

If you have any questions or would like to hear more about this role, please contact Anna O'Hara (anna.ohara@nelsontrust.com) for more information.

If this role is for you we would love to hear from you, please fill out an application form and return to Anna (same email as above).